## Call for Papers: Ecologies of Practice in Music, Spirituality, and Well-Being

*Conference Theme:* We are delighted to announce the upcoming interdisciplinary conference on "Ecologies of Practice in Music, Spirituality, and Well-Being." This conference aims to explore the dynamic interplay between music, spirituality, and well-being within diverse cultural, social, and environmental contexts. By examining the ecologies of practice that emerge at the intersections of these domains, we seek to foster a deeper understanding of their interconnectedness and their impact on human experience.

*Conference Objectives:* This conference provides a platform for scholars, researchers, practitioners, and artists to engage in meaningful discussions, share innovative research, and collaborate on topics related to the ecologies of practice in music, spirituality, and well-being. Our objectives include:

- 1. Exploring the role of music as a conduit for spiritual experiences and its influence on individual and collective well-being.
- 2. Investigating how various spiritual traditions incorporate music as a means of enhancing contemplative practices and promoting holistic health.
- 3. Examining the reciprocal relationship between music, ecology, and well-being, and its implications for sustainable living.
- 4. Analyzing the cultural, social, and psychological dimensions of music-based practices that contribute to spiritual growth and overall well-being.
- 5. Uncovering the potential of music therapy and other artistic interventions as tools for fostering spiritual development and improving mental health.

<u>Conference Topics</u>: We invite contributions related to, but not limited to, the following themes:

- 1. Music and Transcendence: Exploring how music facilitates spiritual experiences and fosters a sense of connection to the divine.
- 2. Sonic Environments and Well-Being: Investigating the impact of acoustic ecologies on mental, emotional, and physical well-being.
- 3. Rituals, Ceremonies, and Musical Performance: Analyzing the role of music in religious and spiritual rituals and its influence on participants' sense of wellbeing.
- 4. Mindfulness, Meditation, and Music: Examining the integration of music in contemplative practices and its effects on mindfulness and stress reduction.
- 5. Cultural Diversity and Spiritual Expressions in Music: Exploring how different cultures utilize music to express and cultivate spirituality and well-being.
- 6. Ecological Sustainability and Sonic Practices: Discussing the relationship between ecological consciousness, music, and well-being in the context of environmental challenges.

**Submission Guidelines:** We welcome submissions for individual paper presentations (20 minutes), panel discussions (40 minutes), workshops (40 minutes), reflections on practice (20 minutes), case studies (20 minutes), and artistic performances (20 minutes). For each presentation there will be 10 minutes added for questions. Abstracts (250-300 words) with a short CV should be submitted to Katya Bessarabov at 24675679@mynwu.ac.za by the submission deadline. All

submissions will undergo a peer-review process to ensure the quality and relevance of the content.

When you submit your proposal, please enter the following information:

- Title of presentation
- Type of presentation (individual paper presentations, panel discussion, workshop, reflections on practice, case studies, and artistic performances)
- Name/s of presenter/s
- Affiliation (i.e. principal place of work/study, or, if appropriate, 'Independent')
- Country of residence
- Email address/es
- Description (all submissions must be between 250-300 words and submitted as Word documents. Proposals should describe how they relate to the conference theme.
- Biography (75 words). This should start with your name and must be in prose (i.e. not a list of appointments). For submissions with multiple authors, please give biographies for all presenters and chairs, if appropriate.

## Important Dates:

- 1. Abstract Submission Deadline: 25 Jan 2024
- 2. Notification of Acceptance: 1 March 2024
- 3. Free Registration Deadline: 15 March 2024
- 4. Conference Dates: 25-27April 2024

*Conference Venue:* The conference will be held exclusively online based in North West University, Potchefstroom South Africa. We hope to provide a conducive environment for meaningful discussions and creative exploration at the crossroads of music, spirituality, and well-being.

*Contact Information:* For more information please visit our website: <u>http://mswinternational.org</u> or contact Katya Bessarabov at 24675679@mynwu.ac.za